

Dr Fen Lee Hew

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Dr Fen Lee Hew is a Consultant Endocrinologist at Puchong Medical Specialist Centre (PMSC) and Subang Jaya Medical Centre (SJMC), Malaysia, and Chairman of the Independent Ethics Committee at SJMC – an independent body comprising medical professionals, scientists, and non-medical members.

He is a member of the [Asia Pacific Consortium on Osteoporosis \(APCO\)](#), comprising 46 experts from 20 countries and regions in the Asia Pacific, charged with developing tangible solutions to the substantive challenges involving osteoporosis management in the world's most populated and fastest growing region.

He plays an active role in various professional societies, serves as a teacher and a trainer, sits on a panel for a weekly column for the Star newspaper, and features regularly in radio and TV programs.

Dr Hew is an examiner for Endocrinology trainees in Malaysia, and a visiting lecturer in the Faculty of Medicine, University of Tunku Abdul Rahman, Malaysia.

He has served as a committee member for various Clinical Practice Guidelines in Malaysia, including Diabetes Mellitus, Osteoporosis, Thyroid Disease and Growth Hormone, is former President of the Federation of Osteoporosis Societies (AFOS) (2015-2017), and is an advisor to the Malaysian Diabetes Educators Society (MDES).

Dr Hew qualified in medicine from the University of Newcastle upon Tyne in 1987. He became a Fellow of the Australasian College of Physicians (FRACP) in 1996; obtained his Doctorate of Medicine from the University of Melbourne in 1997, where he was awarded a National Australian Postgraduate Scholarship and a Novo Nordisk Scholarship, and became a Fellow of the Royal College of Physicians in Edinburgh (FRCP) in 1998.

He joined the University of Malaya as a lecturer in 1996 where he founded the Lipid Research Laboratory. He was promoted to Associate Professor of the University's Department of Medicine in 1999.

Dr Hew is also active in medical research, having published 47 papers in peer reviewed journals, and 93 abstracts.

According to Dr Hew, an osteoporotic fracture occurs every three seconds worldwide.¹ With more than 50 per cent of the world's hip fractures expected to occur in the Asia Pacific (AP) region over the next two decades,² APCO has launched a Bone Health Audit and QI Tool Kit to promote quality improvement (QI) of osteoporosis care.

“The Malaysian population aged over 50 years is expected to increase from 5.3 million in 2013, to 13.9 million in 2050.³ Furthermore, Malaysia is expected to experience a 3.55-fold increase in hip fracture incidence by 2050, compared to 2018.³

“The likelihood of successfully creating change to stem this bone health crisis will rest largely upon healthcare professionals' success in engaging others to work towards shared goals. Articulating the benefits of the APCO Bone Health QI activity can help promote engagement and cooperation,” said Dr Hew.

“The critical factors to success include having a supportive organisational culture, good design and planning, and follow through on results, ensuring the data collection is meaningful and achievable.

“Data collected through the audit should be used to benchmark practice against the standards recommended by The APCO Framework. This will show stakeholders that the audit was worth the effort, and that it contributed to tangible change,” Dr Hew said.

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MEDIA CONTACT & INTERVIEWS

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